

Praying God's Promises

Psalm 37:3-6

"Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Delight yourself in the LORD and He will give you the desires of your heart. Commit your way to the LORD; trust in Him and He will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun."

Today, I will trust in You and do good things that have eternal purposes. I choose to dwell in You and delight myself in You. You know the desires of my heart and I pray for those things that would keep me true to You, above all others. My way is committed to You, God, so I am confident that You will watch over my life.



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Psalm 34:4-5

"I sought the LORD, and He answered me; He delivered me from all my fears. Those who look to Him are radiant; their faces are never covered with shame."

Thank You, God, that when I seek You through prayer, You hear my cries and deliver me from all my fears, worries, and concerns. As I look to You today, my face is radiant and beaming, and I am set free in You from all fear and shame.



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Colossians 3:12-14

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity."

I have been chosen by You and You love me. You have set me apart. Clothe me with Your compassion, kindness, humility, gentleness, and patience. Bring to mind the people I need to forgive and those from whom I need to ask forgiveness. Dress me in Your love so that it rules all of my relationships.



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Psalm 51:1-2

"Have mercy on me, O God, according to Your unfailing love; according to Your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin."

I am a sinner in need of the mercy only You can give. In Your faithful love and generous compassion, I ask You to forgive and forget all my sins. Holy Spirit, as I turn from evil, wash all my sins and shortcomings away and cleanse me through the blood of Jesus Christ, my Lord.



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Psalm 139:14-16

"I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. My frame was not hidden from You when I was made in the secret place. When I was woven together in the depths of the earth, Your eyes saw my unformed body. All the days ordained for me were written in Your book before one of them came to be."

I give You praise for the way You made me. I am a marvelous work of Your hands and I know it. Even before I was being formed, You were there, weaving me together exactly the way You wanted me to be. I was not hidden away from You. You looked upon me even then, and You chose all of my days before I ever came into the world.



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2 Corinthians 1:3-5

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. For just as the sufferings of Christ flow over into our lives, so also through Christ our comfort overflows."

You are the God of all compassion and I thank You and praise You for Your comfort that I can claim in every circumstance. Your compassion and comfort in the midst of my troubles is the same compassion and comfort I will extend to others today. Just as You suffered, I will also experience troubles. Just as You comfort me, I will offer Your comfort to others.



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Philippians 4:6-7

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Father God, I come to You in prayer regarding the things that concern my heart. I offer my praise and gratitude to You, as well as my fears. Take these things from me and, in return, may Your indescribable peace guard my heart and mind.



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Philippians 4:8-9

"Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."

God, turn and focus my heart and mind to dwell on things that are good, holy, pure, lovely, and true. Set my heart and mind on things that are worthy of praise and gratitude. Urge me to diligently and faithfully apply everything I've been given from Your hand and from Your Word. May Your peace rest upon me.



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Psalm 138:7-8

“Though I walk in the midst of trouble, You preserve my life; You stretch out Your hand against the anger of my foes, with Your right hand You save me. The LORD will fulfill His purpose for me; Your love, O LORD, endures forever—do not abandon the works of Your hands.”

There are trials and struggles on this side of heaven, Father, but I proclaim Your sovereign hand of protection over my life. I declare that it is You who saves me. Come what may, please bring to pass the purposes You ordained for me out of Your gracious love and salvation.



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Hebrews 10:35-36

“So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what He has promised.”

Grant me the confidence that can only come because You are dwelling inside of me at all times. I call upon Your endurance when I want to give up. I call upon Your strength in my weakness. Bless my life with the fruit from Your promises.



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2 Corinthians 5:17-18

“Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! All this is from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation.”

God, I bring all my relationships before You today. If there is anyone with whom I need to reconcile, please bring him/her to mind. As I am reconciled to You through Jesus Christ, help me extend the ministry of reconciliation to others. May all my relationships bring You glory, honor, and praise.



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Psalm 91:1-2

“He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, ‘He is my refuge and my fortress, my God, in whom I trust.’”

My choice is to reside in You as my shelter, protector, and provider. Let me rest in Your perfect protection. You, oh Lord, are my refuge. You, oh Lord, are my fortress. I trust You with every aspect of my life today.



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Psalm 95:1-2

“Come, let us sing for joy to the LORD; let us shout aloud to the Rock of our salvation. Let us come before Him with thanksgiving and extol Him with music and song.”

With all my heart I shout aloud my praises to You, my Rock and my Savior! I adore You! I worship You! I love You! Only You are worthy of all my praise. Be glorified as I sing my thanks to You and You alone.



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Proverbs 3:9-10

“Honor the LORD with your wealth, with the first fruits of all your crops; then your barns will be filled to overflowing, and your vats will brim over with new wine.”

Father, my wealth comes from You. The crops in Your Heavenly kingdom are my time, treasures, talents, and testimony. I offer you the first and the best of all these things. I cast them at Your feet and trust You to provide bountifully for all my needs.



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Jeremiah 33:2-3

“This is what the LORD says, He who made the earth, the LORD who formed it and established it—the LORD is His name: ‘Call to Me and I will answer you and tell you great and unsearchable things you do not know.’”

Lord, I call to You. I call upon You to meet me here in this place. Reveal Your great love, mercy, and mysteries to me. Tune my ears to hear and trust Your answers to my prayers. Turn my eyes to see Your face. As I call upon You, Lord, show me Your ways and tell me of Your greatness and strength.



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Proverbs 16:1-3

“To man belong the plans of the heart, but from the LORD comes the reply of the tongue. All a man's ways seem innocent to him, but motives are weighed by the LORD. Commit to the LORD whatever you do, and your plans will succeed.”

God, I come and surrender my plans and agenda to You. Replace them with Your plans and Your priorities. Examine my heart and mind. Keep all my motives in check with Your Holy Spirit. I offer this day to You and ask that You would grant me success, according to what matters most to You.



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Proverbs 18:10



“The name of the LORD is a strong tower; the righteous run to it and are safe.”

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God, I don’t want to run to anyone but You for safety and protection. I come to You and hide myself in the shelter of Your holy name. Thank You for guarding me in Your love today, and always.

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Psalms 25:4-5



“Show me Your ways, O LORD, teach me Your paths; guide me in Your truth and teach me, for You are God my Savior, and my hope is in You all day long.”

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I have taken my own roads and pathways, Lord. Now, I turn away from my ways and turn toward Your ways. Guide me and teach me as I walk on Your paths. Each step is a step of faith as I hope in You throughout this day.

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Romans 8:38-39



“For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

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Father, I believe that nothing can separate me from Your amazing love. Impart this truth to me as I seek after You today. Let nothing come between us. Let nothing bring me more pleasure than my relationship with You, my Savior and Lord.

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Luke 9:23-24



“Then He said to them all: ‘If anyone would come after Me, he must deny himself and take up his cross daily and follow Me. For whoever wants to save his life will lose it, but whoever loses his life for Me will save it.’”

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Jesus, Your way is not the way of this world. Help me turn from selfishness and to deny my fleshly desires. Instead of forging ahead on my own, give me the courage and fortitude to take up my cross and follow after You, wherever You lead me. As I lose my life in You, I know that my true life will be found.

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Isaiah 55:8-9

“For My thoughts are not your thoughts, neither are your ways My ways,’ declares the LORD. ‘As the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts.”

God, I need a shift in my perspective. Fix my gaze to see my circumstances the way that You see them. Set my heart and mind to the purposes You have for me. As I worship You, I ask that Your ways be deeply implanted into my soul. As I praise You, I pray that You will take all my thoughts captive



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James 1:2-4

“Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything.”

Merciful Savior, I know that You suffered for me, even to the point of death. Grant me long suffering in all my trials so that I do not take shortcuts to finding deeper faith in You. Finish the work that You have planned out for me. My faith is still too small. Help my unbelief so that I may lack no good thing.



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James 3:17-18

“But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace raise a harvest of righteousness.”

God, I come to You today and ask for Your pure and holy wisdom to fully inhabit my heart and mind. Your wisdom brings peace, loving kindness, and an attitude of selfless service. Show me how to seek after more and more of Your wisdom so that the spiritual fruit from my life increases and brings You more glory. Use Your Holy Spirit to plant, reap, and harvest hearts for Your kingdom.



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1 John 1:8-9

“If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

I am a sinner. That is the honest truth. God, I confess my sins of _____ to You right now, repent of them, and gratefully receive Your forgiveness and cleansing. Thank You, Jesus, for surrendering Your life and covering all my sins through the blood You shed on the cross. Thank You for Your faithfulness that covers and purifies all my sin and shame.



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Psalm 121:5-8

“The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm— He will watch over your life; the LORD will watch over your coming and going both now and forevermore.”

God, I am comforted to know that under Your sovereign hand, I am protected from all harm. I trust You now to watch over every aspect of my life, no matter where I go or what I do. Keep me in the center of Your perfect will, both now and always.



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John 13:34-35

“A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are My disciples, if you love one another.”

Loving, Heavenly Father, these verses are my reminder today that loving You and loving others is my highest calling and command. Help me to receive Your love for me and pour out that same kind of godly, unconditional love to others so that they look to You and receive You. May my life proclaim that You are the source of all love.



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Deuteronomy 30:16

“For I command you today to love the LORD your God, to walk in His ways, and to keep His commands, decrees and laws; then you will live and increase, and the LORD your God will bless you in the land you are entering to possess.”

God, I admit that I cannot love You or follow Your ways in my own strength. I rely on You to help me love You and walk in Your ways through the power and leading of Your Holy Spirit. May You bless me according to Your Word and Your perfect will, as I follow after Your heart today.



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2 Chronicles 20:17

“You will not have to fight this battle. Take up your positions; stand firm and see the deliverance the LORD will give you, O Judah and Jerusalem. Do not be afraid; do not be discouraged. Go out to face them tomorrow, and the LORD will be with you.”

Almighty God, I choose to take up the position of prayer and worship today, believing that You will fight all my battles and contend with all my enemies. When I am tempted to act on my own behalf, urge my heart to pray and trust You to fight for me.



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John 15:7-8

“If you remain in Me and My words remain in you, ask whatever you wish, and it will be given you. This is to My Father’s glory, that you bear much fruit, showing yourselves to be My disciples.”



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I want to abide in You at all times, but I need Your help to know what that looks like each day. Show me how to remain in You through the day. May Your abiding presence bear rich, sweet, and healthy spiritual fruit for Your eternal kingdom.

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John 15:12-13

“My command is this: Love each other as I have loved you. Greater love has no one than this, that he lay down his life for his friends.”



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Jesus, I ask You to show me how to love others the way that You love me. May Your grace and unconditional love be expressed through all my interactions and conversations today. Speak through me. Act through me. Love others through me.

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1 Corinthians 6:19-20

“Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.”



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Jesus, Your death on the Cross purchased my pardon. I belong to You and everything I have comes from the life You gave to purchase me. I surrender my body to You and pray that, at all times, I would be a living sacrifice, poured out for Your glory and honor.

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Hebrews 13:15-16

“Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that confess His name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.”



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Savior and Lord, it is through You that I can be a praise offering; a sacrifice that is a pleasing aroma to God. I confess that Your name, Jesus, is the name by which I live and move and breathe. As I do those things today, help me share Your goodness and love with others so that my offerings of praise please You, above everyone else.

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Matthew 26:41

Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.”



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God, I confess that I am tempted in the area(s) of _____ and I know this is a battle between Your Spirit, and my flesh. Please help me overcome this temptation so that I do not sin against You or harm anyone else. I am weak and so I lean against Your strength to help me now.

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Hebrews 13:8

“Jesus Christ is the same yesterday and today and forever.”

Jesus, thank You for being my constant and steadfast Lord. I am relieved to know that I can count on You to be the same, even when everything around me seems to be changing. Let me lean upon Your steadfast ways and be centered with Your immovable presence as I enter this day.



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2 Corinthians 7:1

“Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.”



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Holy Spirit, I ask You to examine every room in my heart in search of things that don't please or glorify You. Reveal the ways in which I may be involved in activities or relationships that need to be eliminated or changed. Then, give me the wisdom and courage to make the changes You desire.

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Habakkuk 3:17-18

“Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the LORD, I will be joyful in God my Savior.”

It is not natural to praise You in difficult times so I am asking for Your supernatural ways to overcome and conquer me so that I am impulsive to praise and thank You, no matter what my circumstances may be. In Your time, I trust and believe that You will provide exactly what I need for today.



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Psalm 108:12-13

“Give us aid against the enemy,
for the help of man is worthless.
With God we will gain the victory,
and He will trample down
our enemies.”



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Mighty God, You are the only One who can come to my defense and fight my enemies. Through You, I can experience Your victory and I claim that victory over _____ today. Jesus, I declare Your authority over every circumstance, trial, and tribulation and I ask that You contend with everything the evil one wants to use against me to thwart Your holy and perfect purposes for my life.

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Psalm 5:1-3

“Give ear to my words, O LORD,
consider my sighing. Listen to my
cry for help, my King and my God,
for to You I pray. In the morning, O
LORD, You hear my voice; in the
morning I lay my requests before You
and wait in expectation.”



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Hear my prayers, God. I ask that You would bend Your ear and listen to the concerns of my heart as I come to You this morning, and wait with anticipation for Your answers. I look to You alone for help, my King and my God. I am assured right now, that You have heard all my requests.

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Hosea 6:3

“Let us acknowledge the LORD;
let us press on to acknowledge
Him. As surely as the sun rises,
He will appear; He will come to us
like the winter rains, like the spring
rains that water the earth.”



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Lord, I want to know You better than I know anyone or anything else. I choose to press into You and to press on in You because I believe that You are real and that You will come when I call. I pray for the refreshing rain of Your presence to reside in me and to shower the terrain of my heart and mind for Your glory.

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Philippians 2:3-5

“Do nothing out of selfish ambition
or vain conceit, but in humility
consider others better than
yourselves. Each of you should look
not only to your own interests, but also
to the interests of others. Your attitude
should be the same as that of Christ Jesus.”



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Father God, so many times my attitude needs Your holy adjustment. I confess that my pride gets in the way of Your purposes and I worry about getting my way. Help me develop the capacity and desire to put You first and to care for the needs of others, even more than I care to get my needs met. Convict me with Your Holy Spirit so that I change what needs to be changed.

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